

Community Health Assessment Survey **PORT AUX BASQUES AREA RESULTS** 2019-2020

147



RESPONDENTS FROM PORT AUX BASQUES AREA

65%



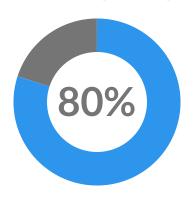
MAJORITY FROM **PORT AUX BASQUES**

23%



MAJORITY IN THE **36-45 AGE GROUP**

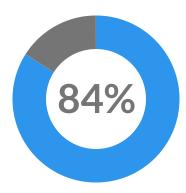
HEALTH INFORMATION



FAMILY DOCTOR

Majority (80%) of respondents go to their family doctor when they are looking for health related information

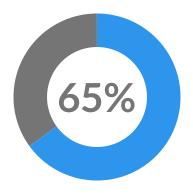
HEALTH SERVICES



SATISFACTION

Majority (84%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months

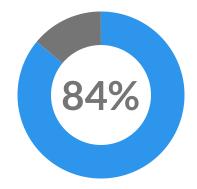
ACCESS



REQUIRED HEALTH SERVICES

Majority (65%) of respondents indicated they were able to access a required health service

HEALTH STATUS



PHYSICAL HEALTH

Majority (84%) of respondents reported their physical health was excellent or very good

TOP THREE COMMUNITY CONCERNS:

- 1. Chronic disease (23%)
- 2. Addictions (22%)
- 3. Cost of living (20%)

TOP THREE BEHAVIORS TO IMPROVE HEALTH:

- 1. Physical activity (93%)
- 2. Reduce stress (83%)
- 3. Eat healthier (81%)

TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

- 1. Improve access and wait times for specialists
- 2. Increase services in the local area
- 3. Increase staffing

For the full regional and individual primary health care reports, visit the Western Health website.